

Atlantic City Aquatic Club

2012 NEPTUNE'S CHALLENGE



A/BB/C/Mini

February 11-12, 2012



Held under the Sanction of USA Swimming

Sanctioned by Middle Atlantic Swimming, Inc.

Sanction # MA 1201 A (9 and over) and MA 1202 M (8 & under)

| | |
|-------------------------------|--|
| LOCATION | Atlantic City High School 1400 Albany Avenue Atlantic City, New Jersey 08401 Day of meet ONLY emergency phone # (302) 379-5496 |
| FACILITIES | This meet will be run in an 8-lane, 25 meter pool with Wave Eater lane lines. The pool is equipped with a Colorado Timing System and an eight lane scoreboard. A balcony area with a seating capacity of 500 is available for spectators. Ample parking is available in the school lot. Snack bar and a hospitality area for meet workers will be available during the meet. |
| TURN END WATER DEPTH | The pool has a starting end depth of 12' (3.65 meters) and turn depth of 4' (1.2 meters). |
| POOL CERTIFICATION | The competition course has not been certified in accordance with 104.2.2C(4). |
| MEET DIRECTOR | Michele Santer (302) 379-5496 mmsanter@aol.com |
| SAFETY DIRECTOR | Dimitar Petrov (609)742-1515 mitkoswim@hotmail.com |
| MEET REFEREE-OFFICIALS | If you are interested in officiating at this meet please contact Terry Montgomery (609) 364-2872 tmonty_98@yahoo.com |
| ELIGIBILITY | This meet is open to all swimmers registered with USA Swimming. Age group for the entire meet will be dictated by the swimmer's age as of <u>February 11, 2012</u> . Swimmers may swim no more than 5 events per day. |

| <p>ON-SITE REGISTRATION</p> | <p>Unregistered swimmers may register on deck at this meet by turning in the athlete registration form and payment to the Meet Director. The cost of registering on deck is double the normal fee (\$120 per swimmer for 2011-12 registration). This applies to all swimmers attached to a club.</p> | | | | | | | | | | | | | | | | | | | | | |
|---|---|------------------------|---------|------------|-----------------------|---------|---------|----------------|------------------------|------------------------|-----------------------|-----------------------|-----------------------|----------------------|---------|---------|----------------|------------------------|------------------------|-----------------------|-----------------------|-----------------------|
| <p>ENTRY LIMITATIONS</p> | <p>The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format to conform to Middle Atlantic Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be notified immediately. Entry fees will be refunded to teams/swimmers affected by these constraints.</p> | | | | | | | | | | | | | | | | | | | | | |
| <p>WARM-UP & START TIMES</p> | <p>USA Swimming and Middle Atlantic safety procedures will be enforced throughout the meet.</p> <ul style="list-style-type: none"> ○ No diving or backstroke starts will be permitted during warm-up except in sprint lanes when designated. ○ Sprint/Start lanes will be available during each warm-up session. ○ Swimmers violating procedures will be removed from warm-up for the remainder of the session. <table border="1" data-bbox="464 873 1479 1094"> <thead> <tr> <th>SESSION</th> <th>WARM-UP</th> <th>MEET START</th> </tr> </thead> <tbody> <tr> <td>1 – (11/12 and 13/14)</td> <td>6:45 AM</td> <td>7:45 AM</td> </tr> <tr> <td>2- (8 & under)</td> <td>No later than 11:45 AM</td> <td>No later than 12:30 PM</td> </tr> <tr> <td>3 – (Senior and 9/10)</td> <td>No later than 3:00 PM</td> <td>No later than 4:00 PM</td> </tr> <tr> <td>4– (11/12 and 13/14)</td> <td>6:45 AM</td> <td>7:45 AM</td> </tr> <tr> <td>5- (8 & under)</td> <td>No later than 11:45 AM</td> <td>No later than 12:30 PM</td> </tr> <tr> <td>6 – (Senior and 9/10)</td> <td>No later than 3:00 PM</td> <td>No later than 4:00 PM</td> </tr> </tbody> </table> <ul style="list-style-type: none"> ○ Specific warm-up information including times and lane assignments will be posted on Atlantic City Aquatic Club website www.acacswim.org prior to the meet and will be emailed to club contacts. ○ Warm-up information will also be available to coaches on the day of the meet. | SESSION | WARM-UP | MEET START | 1 – (11/12 and 13/14) | 6:45 AM | 7:45 AM | 2- (8 & under) | No later than 11:45 AM | No later than 12:30 PM | 3 – (Senior and 9/10) | No later than 3:00 PM | No later than 4:00 PM | 4– (11/12 and 13/14) | 6:45 AM | 7:45 AM | 5- (8 & under) | No later than 11:45 AM | No later than 12:30 PM | 6 – (Senior and 9/10) | No later than 3:00 PM | No later than 4:00 PM |
| SESSION | WARM-UP | MEET START | | | | | | | | | | | | | | | | | | | | |
| 1 – (11/12 and 13/14) | 6:45 AM | 7:45 AM | | | | | | | | | | | | | | | | | | | | |
| 2- (8 & under) | No later than 11:45 AM | No later than 12:30 PM | | | | | | | | | | | | | | | | | | | | |
| 3 – (Senior and 9/10) | No later than 3:00 PM | No later than 4:00 PM | | | | | | | | | | | | | | | | | | | | |
| 4– (11/12 and 13/14) | 6:45 AM | 7:45 AM | | | | | | | | | | | | | | | | | | | | |
| 5- (8 & under) | No later than 11:45 AM | No later than 12:30 PM | | | | | | | | | | | | | | | | | | | | |
| 6 – (Senior and 9/10) | No later than 3:00 PM | No later than 4:00 PM | | | | | | | | | | | | | | | | | | | | |
| <p>DECK ENTRIES</p> | <p>Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$8.00 per event. Any athlete not previously entered in the meet must provide proof of current USA Swimming Membership. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for awards. To enter, please see the Meet Director before or during warm-ups.</p> | | | | | | | | | | | | | | | | | | | | | |
| <p>SWIMMERS WITHOUT A COACH</p> | <p>Swimmers unaccompanied by a credentialed coach should report to the Meet Director before the warm-up for each session.</p> | | | | | | | | | | | | | | | | | | | | | |

| | |
|-----------------------------------|---|
| RACING START CERTIFICATION | Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. |
| ATHLETES WITH DISABILITIES | Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. |
| SEEDING | <p>All events with the exception of the 400 Free and 400IM will be pre seeded timed finals.</p> <p>11/14 and Senior 400 Free and 400IM will be deck seeded and require a positive check in.</p> |
| HOW TO ENTER | <p>Entry times should be submitted in the course in which they were achieved. Times will be converted by the host team and treated as conforming.</p> <p>All entries should be submitted using HyTek software.</p> <p>In the event HyTek software is unavailable the attached Meet Entry Form must be used. Any team entering more than 5 swimmers manually will be assessed a \$5.00 per swimmer processing fee.</p> <p>A completed Meet Summary Form should accompany all emailed and mailed entries. E-mailed entries are preferred.</p> |
| ENTRY FEES | <p>\$4.00 per Individual Event</p> <p>Please send <u>one</u> check per club.</p> <p>Checks should be made payable to Atlantic City Aquatic Club</p> |
| SEND ENTRIES TO | <p>Michele Santer 1409 North Union Street Wilmington, De 19806</p> <p>Email: mmsanter@aol.com</p> |
| ENTRY DEADLINE | All entries must be received by Monday, January 30, 2012 . Late entries will not be accepted. |
| RULES | This meet will be conducted in accordance with current USA Swimming rules. Middle Atlantic Swimming rules shall also apply. USA SWIMMING / MA SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT FOR THE ENTIRE MEET. |

| | |
|--|--|
| | <p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck.</p> <p>Any swimmer who positively checks in for a deck seeded event and does not swim that event will be barred from their next Individual Event, either on the same day or on the next meet day.</p> <p>Sessions will be conducted using the Whistle command and No-Recall False Start procedures. A verbal command will be used in addition to the whistle command during the mini session. Fly-over starts will be used during all sessions with the exception of the mini session. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun</p> <p>Penalties will be imposed upon a swimmer when any coach, parent or swimmer enters any time other than the swimmer's best time for an event. Penalties may include fines or suspension.</p> |
| <p>AWARDS</p> | <p>Awards will be given for 1st through 8th place finishers in the 8 & under, 9/10, and 11/12 age groups as described below. Awards for each event in Session 2 will be awarded the same as 'A' entry times below. Awards will not be given for 13/14 and senior events.</p> <p>A entry times and Session 2 - Medals 1st through 3rd and ribbons 4th through 8th.</p> <p>B entry times – Ribbons 1st through 8th.</p> <p>C entry times – Ribbons 1st through 8th.</p> |
| <p>PROGRAMS & ADMISSION</p> | <p>A meet program which includes all six sessions will be available for \$5.</p> <p>An admission fee of \$5 per session will be charged. Children under age 6 will be admitted without cost.</p> |
| <p>RESULTS</p> | <p>Results will be posted on Atlantic City Aquatic Club's website, www.acacswim.org, and on the Middle Atlantic Swimming website, www.maswim.org.</p> |
| <p>DIRECTIONS</p> | <p>Atlantic City High School is located at 1400 Albany Avenue, Atlantic City, New Jersey, 08401.</p> <p>It is easily accessible from the Atlantic City Expressway. Take the Atlantic City Expressway East to Exit 2 (Route 40, Blackhorse Pike). Atlantic City High School is located .25 miles on the right after exiting the Expressway at exit 2. The entrance to the Athletic complex is located at far end of the building.</p> |
| <p>ACCOMODATIONS</p> | <p>Hampton Inn Atlantic City Bayside, (609) 484-1900 Clarion Hotel and Conference Center, (800)44 ROOMS Sheraton Atlantic City. (609)441-2911 Ramada Inn, (800) 851-9505 Holiday Inn Xpress (609) 484- 1500 Comfort Inn North (Absecon) (609) 641-7272</p> |

ORDER OF EVENTS

Saturday February 11, 2012

SESSION 1

Warm-Up 6:45 AM

Meet Start 7:45 AM

| <u>GIRLS EVENT #</u> | <u>EVENT</u> | <u>BOYS EVENT #</u> |
|----------------------|------------------|---------------------|
| 1 | 11/14 200 BREAST | 2 |
| 3 | 11/12 50 BREAST | 4 |
| 5 | 13/14 100 BACK | 6 |
| 7 | 11/12 100 BACK | 8 |
| 9 | 13/14 50 FREE | 10 |
| 11 | 11/12 50 FREE | 12 |
| 13 | 13/14 100 FLY | 14 |
| 15 | 11/12 100 FLY | 16 |
| 17 | 13/14 200 IM | 18 |
| 19 | 11/12 200 IM | 20 |
| 21 | 11/14 400 FREE | 22 |

SESSION 2

Warm-Up No Later than 11:45AM

Meet Start No Later than 12:30

| <u>GIRLS EVENT #</u> | <u>EVENT</u> | <u>BOYS EVENT #</u> |
|----------------------|---------------------|---------------------|
| 23 | 8 & UNDER 100 IM | 24 |
| 25 | 8 & UNDER 50 FREE | 26 |
| 27 | 8 & UNDER 25 BREAST | 28 |
| 29 | 8 & UNDER 50 FLY | 30 |
| 31 | 8 & UNDER 25 BACK | 32 |
| 33 | 8 & UNDER 200 FREE | 34 |

SESSION 3

Warm-Up No Later than 3:00 Meet Start No Later than 4:00 PM

| <u>GIRLS EVENT</u> | <u>EVENT</u> | <u>BOYS EVENT #</u> |
|--------------------|-------------------|---------------------|
| 35 | SENIOR 200 BREAST | 36 |
| 37 | 9/10 50 BREAST | 38 |
| 39 | SENIOR 100 BACK | 40 |
| 41 | 9/10 100 BACK | 42 |
| 43 | SENIOR 50 FREE | 44 |
| 45 | 9/10 50 FREE | 46 |
| 47 | SENIOR 100 FLY | 48 |
| 49 | 9/10 100 FLY | 50 |
| 51 | SENIOR 200 IM | 52 |
| 53 | 9/10 200IM | 54 |
| 55 | SENIOR 400 FREE | 56 |

Sunday February 12, 2012

SESSION 4

Warm-Up 6:45 AM

Meet Start 7:45 AM

| <u>GIRLS EVENT #</u> | <u>EVENT</u> | <u>BOYS EVENT #</u> |
|----------------------|------------------|---------------------|
| 57 | 11/12 100 IM | 58 |
| 59 | 11/14 200 BACK | 60 |
| 61 | 11/12 50 BACK | 62 |
| 63 | 13/14 100 FREE | 64 |
| 65 | 11/12 100 FREE | 66 |
| 67 | 11/14 200 FLY | 68 |
| 69 | 11/12 50 FLY | 70 |
| 71 | 13/14 100 BREAST | 72 |
| 73 | 11/12 100 BREAST | 74 |
| 75 | 11/14 200 FREE | 76 |
| 77 | 11/14 400 IM | 78 |

SESSION 5

Warm-Up No Later than 11:45AM

Meet Start No Later than 12:30

| <u>GIRLS EVENT #</u> | <u>EVENT</u> | <u>BOYS EVENT #</u> |
|----------------------|---------------------|---------------------|
| 79 | 8 & UNDER 100 FREE | 80 |
| 81 | 8 & UNDER 25 FREE | 82 |
| 83 | 8 & UNDER 50 BREAST | 84 |
| 85 | 8 & UNDER 25 FLY | 86 |
| 87 | 8 & UNDER 50 BACK | 88 |
| 89 | 8 & UNDER 200 IM | 90 |

SESSION 6

Warm-Up No Later than 3:00 PM

Meet Start No Later than 4:00 PM

| <u>GIRLS EVENT #</u> | <u>EVENT</u> | <u>BOYS EVENT #</u> |
|----------------------|-------------------|---------------------|
| 91 | 9/10 100 IM | 92 |
| 93 | SENIOR 200 BACK | 94 |
| 95 | 9/10 50 BACK | 96 |
| 97 | SENIOR 100 FREE | 98 |
| 99 | 9/10 100 FREE | 100 |
| 101 | SENIOR 200 FLY | 102 |
| 103 | 9/10 50 FLY | 104 |
| 105 | SENIOR 100 BREAST | 106 |
| 107 | 9/10 100 BREAST | 108 |
| 109 | SENIOR 200 FREE | 110 |
| 111 | 9/10 200 FREE | 112 |
| 113 | SENIOR 400 IM | 114 |

Neptune's Challenge Meet Summary Form

Team: _____ **USA-S Club Code:** _____

COACH

Name: _____

Address: _____

Phone: _____ Email: _____

TEAM CONTACT FOR ENTRIES

Name: _____

Phone: _____ Email: _____

PERSON TO BE CONTACTED CONCERNING TIMERS AND OFFICIALS

Name: _____

Phone: _____ Email: _____

ENTRY FEE SUMMARY

Total # of Individual Entries _____ x \$4.00 = \$ _____

Surcharge (if applicable) _____

Total Entry Fees \$ _____

ATHLETE SUMMARY

Male Athletes _____ Entries _____

Female Athletes _____ Entries _____

Total Athletes _____ Total Entries _____

There is a surcharge of \$5.00 per swimmer for any team which is entering more than 5 swimmers and does not submit entries electronically using Hytek software. Surcharge cannot be avoided by teams submitting individual entries separately. Individuals or clubs will be billed in the event that all proper fees are not received. Failure to submit entry and surcharge fees will result in rejection of entries.

I attest that the athletes entered are currently registered with USA Swimming and that they have achieved the seed times recorded.

Signature of Head Coach or authorized Team Representative

